

'VERY SOON'

**Humboldt County was
ready to move forward,
then cases spiked, leaving
an uncertain path ahead**

BY THADEUS GREENSON

APRIL 1

MAY 1

- 4 Mask the F up
- 8 Essential but struggling
- 18 The revolution was televised



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The Hour of the Wolves

A chill
a ululation
one howl and then another
like a wounded animal
like a caged animal
breaking free in voice
calling out across the neighborhood
lighting the city at dusk
calling out to the fog
to the Bottom
to the hills

Heartache, is it?
but also, "I'm here" and
"I hear you."
We are together in this lonely world.
We sing.

— Carolyn Lehman,
May 11, 2020, 8 pm

On the Cover
Public Health Lab Microbiologist Roy Fuller.
Photo by Humboldt County Public Health



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Wear the Damn Mask

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com

I often tell my kids, perhaps more frequently since we've all been on lockdown together, "Be as good as you can be, not as bad as you can get away with." The scolding feels different looking out into our community during shelter in place.

But before I get to what some are getting away with, I want to take a second to thank folks who are doing their best. We'll remember those businesses that worked hard to follow the rules of social distancing to keep employees and customers safe. And we'll remember the patrons who showed up in masks and maintained their distance. We should keep in mind those darkened storefronts, too: the business owners who decided they couldn't operate safely, as well as those who closed to follow the letter and spirit of the shelter-in-place order. Those owners and employees are making a sacrifice we'd do well to remember when the county re-opens and we enjoy broad choices of where to spend our money.

Of course, we've all seen or heard from friends and family about people who don't seem to be trying at all, ignoring social distancing and masking, the very things designed to protect the rest of us from them should they have the virus and not know it.

Our sheriff and public health officer have tried to be clear and calm leaders in this, speaking to adults in the language of adults. But it's clearly not getting through to everyone. So I'll use my mom voice: Wear the damn mask.

Many of the people behind the counter are worried. They're worried about their jobs, their safety and you. Service workers are getting hit hard in this pandemic. If anything, we should be more careful around the people risking exposure by doing jobs that feed and sustain us.

What do you think working in a restaurant is like? Or a market? Or a hardware store? You think it's easy standing all day and dealing with customers? Because I've done these jobs and let me tell you it's hard work — usually without decent, if any, insurance — and they deserve to be treated with respect. And being a customer doesn't give you the right to roll up to the conveyer belt with no mask or breathing over one pulled down below

your chin like your breath is doesn't have germs. People must wonder how you were raised.

The least you can do for somebody who's on the eighth hour of a shift breathing into a steamy mask over a register or a grill and waiting on you is to wear the damn mask and stay 6 feet the hell back. And don't you dare make a fuss about it. Because the rest of us are doing it and you're not special.

I don't know what you're smiling at, Business Flouting the Shelter in Place Order. You're on my list, too.

What do you, maskless wonder, think giving attitude about slowing the spread of a deadly disease is going to get you? Play it through. You think you're going to impress your friends with this? Because you're such a big deal, pushing up on staff with no mask and no manners, disregarding their safety and putting them in the difficult position of tossing you out. You think everybody is going to cheer your brave stand? People are out there getting killed in the streets for the color of their skin; people are homeless and starving; hell, just today, hundreds of people died alone connected to ventilators of a disease whose spread can be limited by a simple mask — but this, this is your moment to protest?

And if you think the same people who can remember you wanted your burger rare with ranch on the side aren't going to remember your unmasked face, you are out of your damn mind. No tip is going to fix that. You'd better believe we're all going to remember who caused a pointless and frankly scary — potentially deadly, even — ruckus at the store. Everybody with health issues and loved ones with health issues is going to remember your foolishness.

Do you want to escalate and turn this into a police matter? Because that is how this becomes a police matter.

I'd be embarrassed for you if the stakes weren't deadly high. Wear your damn mask. ●

Jennifer Fumiko Cahill is the arts and features editor at the Journal and prefers she/her. Reach her at 442-1400, extension 320, or jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

Updated Business Listings

Let readers know how COVID changed your hours of operation

CCOVID-19 and sheltering in place have changed everything for local businesses and we've all got to adapt. If you've changed hours, switched to curbside pick-up or no-contact delivery, you can let *North Coast Journal* readers know by adding or updating your free listing.

The following businesses have provided updates and you can, too. Go to northcoastjournal.com/humboldt/Locations/Edit. Once approved, it'll go live on our site and we'll print your updated information here.

And since things are shifting all the time, you'll be able to go back in and update your customers on when you're open and how they can order and pick up from you.

Community & Public Places

EDUCATION & LEARNING

Petrusha Law

Eureka, (707) 798-6030, amy@petrushalaw.com, petrushalaw.com, Hours: Mon.-Fri. 9am-5pm

FAITH & WORSHIP

Gospel Outreach Reformational Church

Eureka, (707) 445-2214

New Heart Community Church

McKinleyville, (707) 839-8015, newheart.com, Services online at 10am on Sundays at facebook.com/newheartcc/.

GENERAL COMMUNITY VENUES

Bloodmobile

Varies, (707) 443-8004, jgullam@nccbb.org, nccbb.org, Hours: Varies

Gene Lucas Community Center

Fortuna, (707) 725-3300, info@glccenter.org, glccenter.org

Culture & Entertainment

BARS & NIGHTCLUBS

Phatsy Kline's Parlor Lounge

Eureka, historiceaglehouse.com, Bar, music venue and tapas restaurant located in the Historic Eagle House. Serving organic and local small plates, boards and desserts, craft cocktails, mocktails and more. Hours: Closed due to Covid. Normally 4pm-11pm Mon.-Sat. and Sun. 11am-9pm

Restaurants

BAR & GRILL

Plaza Grill

Arcata, (707) 826-0860, olivia@plazagrillarcata.com, plazagrillarcata.com, Serving to-go menu Mon.-Fri. Text 845-2309 one day prior. Order by 8pm. Must receive

order confirmation. Pick up between 5 and 6 pm. in the back parking lot of Jacoby Storehouse on Seventh and H streets in Arcata. Hours: Mon.-Fri. (pick-up only) 5-6pm

BURGERS

Stars Hamburgers, Eureka

Eureka, (707) 445-2061, Burgers, fries, shakes. To-go orders only. Hours: Open Weekdays 11am-6pm

Surfside Burger Shack

Eureka, (707) 268-1295, surfsideburger@gmail.com, facebook.com/surfsideburgershack, re-established in 2016 and is locally owned and operated, serving local grass-fed beef. Curbside pick-up. Hours: Sun., Mon., Wed. and Thurs. 11am-7 pm, Fri. and Sat. 11am-8pm, closed Tuesdays.

CAFÉ

Cafe Brio

Arcata, (707) 822-5922, cafe@briobaking.com, cafebrio-arcata.com, Breakfast, lunch and dinner, pastries, coffee and espresso, wine and beer. Curbside pick-up. Hours: Mon.-Sat. 9am-3pm

Café Noon

Eureka, (707) 443-4663, cafenooner@gmail.com, cafenooner.net, Featuring a weekly pop-up dinner series. All orders to-go only. Curbside pick-up available upon request. Call ahead or text your order and prepay to (707) 798-6395. Pick up from 4 to 6 p.m. Check Facebook page for updates. Hours: Closed except for pick-up service 4-6 pm

Café Noon Too!

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Continued on page 7 »



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Visit **humboldt.gov/2704/Business-Resources** to find CDC guidelines to employers for protecting customers and employees, as well as links to local and state partner agencies who offer support and financial services to assist businesses adversely impacted by COVID-19.



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707-445-9651

**Fortuna Business
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NCJ UPDATES

Continued from page 5

sortment of pastries, breads and goodies. No-contact delivery, curbside pick-up. Hours: Daily, 8am-2pm

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FINE DINING

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Eureka, (707) 268-8959, facebook.com/109994312351912, Open for carryout. Most orders discounted (with the exception of dinner orders placed between 5-6 p.m. or if using the delivery service DOORDASH.com), Hours: Lunch 11:30am-2:30pm. Dinner 5-8pm. No lunches on weekends. Closed Mon.-Tue.

The Sea Grill

Eureka, (707) 443-7187, facebook.com/316.Est, Open for takeout with curbside pickup, Thu.-Sat. 5-8pm. Discounted entrees and wine. Curbside pick-up. Hours: Thu.-Sat. 5-8pm.

GENERAL RESTAURANTS

Greene Lily

Eureka, (707) 798-6083, facebook.com/greenelily, Break-fast, brunch and lunch. No-contact delivery, Curbside pick-up. Hours: Daily 9am-2pm

WINERIES & BREWERIES

Fieldbrook Winery

Fieldbrook, 839-4140, fieldbrookwinery@gmail.com, fieldbrookwinery.com, Humboldt County's oldest winery, featuring award-winning wines. No-contact delivery. Order online for porch delivery.

Mad River Brewing Company & Tap Room

Blue Lake, (707) 668-4151, music@madriverbrewing.com, madriverbrewing.com, Microbrews and American pub fare. To-go menu, kegs and growlers with pick-up outside the beer garden tent. Call-in orders. Hours: Daily noon-6:30pm

Shops & Services

FURNITURE

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Eureka, 442-6300, northstatefurniture.com, No-contact delivery. Hours: Mon.-Fri. 9am-7pm, Sat. 9am-6pm, Sun. 10am-5pm

Plaza: Be Inspired

Arcata, (707) 822-2250, info@plazaarcata.com,

plazaarcata.com, Closed to walk-in traffic but online or direct messaging shopping for gifts, furniture and home accents is available through the website, DM on Instagram @plazabeinspired. No-contact delivery, Curbside pick-up. Hours: Mon.-Sat. 10am-6pm, Sun. Noon-5pm

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Rural Markets Struggle to Stay Afloat

Being an essential business isn't protecting small community hubs

By Iridian Casarez

iridian@northcoastjournal.com

On April 29, Fieldbrook Market and Eatery owners Kelli Costa and her husband Ross announced through a Facebook post that they were temporarily closing the market, no longer able to make ends meet in the face of the shelter-in-place order aimed at slowing the spread of the novel coronavirus pandemic.

"[The market] is the hub of this whole community — people depend on it for a lot of things," Costa says. "[Closing] it was a hard decision."

But the market is far from alone, as many small grocery stores in rural areas have been hit hard by the countywide efforts to halt the virus, even though they are deemed "essential" businesses and allowed to continue operations. Supply chain issues and the fact that some customers are bypassing quick trips to the local store for larger, more infrequent shopping trips in town have combined to create a challenging reality for the markets, which have long been considered essential by local residents.

In Fieldbrook, Kelli Costa says the first hard decision was to lay off a majority of her staff and to begin working at the market by herself, as she knew she soon wouldn't be able to afford to keep them on.

"It was challenging — I had to manage the store by myself," Costa says. "For the first four weeks, we were extremely busy, so I had to wake up early to open the store, stock groceries and I had to bake, all in one order."

At the same time, down at the Petrolia General Store, which sits more than an hour's drive from Fortuna or Garberville, business began slowing down so manager Jane Dexter says she had to reduce her staff's hours, though she has not laid anyone off.

About four and a half weeks after the shelter-in-place order went into effect, Costa says she started to see her grocery sales dropping and at the same time she was struggling to get supplies for the store.

"I have two big vendors that I purchase from. I'd make an order and I get a quarter. Not even half my order would show up," Costa says. "And as a little grocery store, I

depend on those vendors."

Other markets were also struggling to find groceries. Dexter says she only has two vendors that deliver out to her store and she has to travel into town for other items. It's the same case for Honeydew Country Store, says manager Dan Miyake, who also has been struggling to find dry and canned goods.

As shelter in place went into effect throughout the state at the end of March, a lot of people began "panic buying," flocking to the nearest grocery store to stock up on food. According to a consumer research survey conducted by the International Food Information Council Foundation, a public education organization based in Washington, D.C., one of the top food shopping concerns among those surveyed was running out of staple items. The research survey also found that "42 percent of survey takers reported buying more packaged foods than usual over the past month."

As larger stores' shelves were stripped bare, so too was the ability of small stores to stock what their vendors could no longer deliver.

But supply chains and changing buying habits aren't the only challenges facing these rural stores. Each store also needs to make sure employees and customers are following all social distancing guidelines, sanitizing common area surfaces throughout the day, while making sure people are staying 6 feet apart and wearing facial coverings.

Instead of letting people shop inside, Petrolia General Store changed its business to window service only. Dexter says window service is a bit challenging, but it's a way to make sure everyone is safe.

"We're just running around trying to get people their groceries," she says. "It's pretty hectic fetching people's groceries."

Dexter adds that she made the decision to switch to window service after a string of people from out of town stopped in saying they were on their way to Shelter Cove to hike.

"We started seeing lots of people coming up from the Bay Area escaping the shelter-in-place order to hike the Lost Coast,"

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Fieldbrook Market and Eatery. Facebook

Dexter says. "It was more people than we see during the tourism season. It had a lot of the locals really worried."

Costa is taking the time her store is closed as an opportunity to think about what she needs to do to reopen when the time is right. One of her biggest worries, she says, is bringing on her employees with the mandated facial covering order.

On April 24, Humboldt County Public Health Officer Teresa Francovich issued an order requiring everyone in the county to wear a facial covering in any indoor facility other than their home, in any enclosed areas or any outdoor space where individuals are unable to maintain at least 6 feet of physical distance from each other at all times.

The order came after the Centers for Disease Control cited a recent study that found many of those carrying the novel coronavirus disease were "asymptomatic" and "that even those who eventually develop symptoms ('pre-symptomatic') can transmit the virus to others before showing symptoms. This means that the virus can spread between people interacting in close proximity — for example, speaking, coughing or sneezing — even if those people are not exhibiting symptoms."

But requiring employees to mask up for eight-hour shifts is a big ask.

"It's a bit more challenging when you're wearing a mask [cooking] over a grill and it's hot and it's 80 degrees," Costa says.

Dexter echoes the same concern. The mandated mask order was one of her biggest worries for herself and her employees, who now have to wear them for eight to nine hours a day.

Costa says that she also has to think about bringing back her employees — some of whom are college students that went back home to shelter in place with their families — for a short time when she may have to let them go again. She says she began applying for the Paycheck Protection Program loan, a U.S. Small Business Administration (SBA) loan that helps small businesses keep their employees on payroll under the \$2

trillion Coronavirus Aid, Relief and Economic Security Act (CARES). According to the SBA website, it will forgive the loan if a business keeps all employees on the payroll for eight weeks and at least 75 percent of the money is used for payroll, rent, mortgage interest or utilities.

"I started an application for the PPP loan ... but there were some nuances to that. One is that once you receive that money you have to spend it within eight weeks — that'd be somewhere in June," Costa says. "The caveat to that is that all my staff is doing really well on unemployment and I basically have to compete with that."

The CARES Act also boosted unemployment benefits to include \$600 per week throughout the U.S. California's maximum unemployment weekly benefit is \$450, meaning if someone on unemployment is receiving the maximum benefit amount on top of the \$600 from the federal government they would be receiving a total of \$1,050 per week for a total of \$4,200 per month, which equates to about \$26.25 an hour.

"To try to get everyone to come back, which would cut them off of unemployment, and then the eight weeks runs out and business closes, where does that leave them?" Costa says.

In the meantime, Costa says she is going to try to look ahead at the timeline, consider all of the upcoming decisions from the state and county health officials of when the shelter-in-place order will be lifted or which businesses will be allowed to continue operations, to determine when she'll be able to reopen the market and eatery.

Dexter says it will take some perseverance.

"Hopefully we can all keep our heads up and get through this together," she says. "We're tough. We can do it." ●

Iridian Casarez is a staff writer at the Journal and prefers she/her pronouns. Reach her at 442-1400, extension 317, or iridian@northcoastjournal.com. Follow her on Twitter @IridianCasarez.

Are you concerned about paying your utility bill?

The CARE program and other resources can help during the COVID-19 pandemic

These are challenging times for our community, and the Redwood Coast Energy Authority wants you to know that there are a number of resources available to assist residents with paying utility bills, finding the right electricity rate plan, and managing home energy costs.

Applying for CARE is easy and if your income has changed, or if you receive other financial assistance, there's a good chance you qualify. Your home energy use has likely increased while sheltering-in-place, so now is the time to sign up for CARE, explore your options, and keep your bills manageable.



For details about the energy-related assistance programs that are available to Humboldt County households, you can visit

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Invisible Protections

By Peter Stoll

views@northcoastjournal.com

How about we all just exhale deeply and collectively recognize that week six of shelter in place was rough. Maybe we can just agree to be OK with letting that one roll on past. Of course this may just be my view because in the educator circles I run in this seems to be the consensus. Interestingly, one major event didn't contribute to it being challenging — it is the constellation of many factors that formulated the challenge. The school-at-home dynamic is difficult moments for many. Then there is talk of "Zoom fatigue" and how virtual meetings on the computer can deplete oxytocin (the pleasure hormone released in real-life human interaction). Never mind the endless flow of dishes that collect on the counters like leaves in autumn. I personally blame it on the cold, gray Monday that kicked off the week, but Humboldt County residents aren't fazed by a little gray — unless it's week six of shelter in place. Then it matters. It all matters.

This weekend I had a socially distant get-together with two colleagues that involved a fire in a backyard. OK, it was campfire to hang out. The idea of being outside with people I hadn't seen in person for weeks was very appealing and I decided to go. When I arrived one of the colleagues pronounced, "I'm so over this." Hugs and handshakes were absent and distance was well maintained. This shift in social norms felt more natural than it would have several weeks ago as we become socialized in this new survival etiquette. What struck me about the statement was, yes, we are all over it. But it isn't over.

What happens when we are over it and it isn't over? We are witnessing this on various levels, regionally, as a state and nationally. While I am not here to cast judgment and weigh what is right or wrong, I think we can admit people are all over the map with this. On my daily bike rides with my daughter, it seemed like on Sunday everyone was wearing a mask, and on Monday not many people were at all. This is a simple distillation of a reality that means different things for different people. One thing is for certain — we are individuals who are well versed at doing what we think is best and when it's hard to know what's best, we witness many interpretations of what that may look like.



As the weight of sheltering in place grows heavier, it's important parents arm their children with the invisible protections of resiliency.

Submitted

Resiliency

There are many definitions of resiliency and what it means to be resilient. One is that resilience is "the ability to recover from and adjust easily to misfortune or change." When considering children, there are factors that promote and support resiliency. Meaningful relationships with adults and peers, a sense of success in an environment, and the ability to adjust and persevere. Resilience is also a combination of competence, confidence, skill, connectedness and the ability to function in a given environment. And even another definition of resiliency is self-awareness, attention (the flexibility and stability of focus), letting go (mental and physical), and accessing and sustaining positive emotion. What jumps out of these varied descriptions is that connection, guidance and the ability to continue on, even when things are challenging, are aspects of resiliency in children that adults can support.

The part of resiliency that taps directly into the connections, and essentially our love and guidance for children, is relationship and belief. There is research that supports that if we believe children can be successful then they are more likely to succeed. Positive regard and attribution combined with consistency and support fosters positive self-identify and grit as children grow. Most of us have heard an interview with someone who has accomplished something like writing a book, becoming an athlete, or another major feat, and they often recognize someone in their past who influenced their ability to succeed and persevere. "If it wasn't for Ms. Jones my fifth grade teacher, I may not have survived, and certainly wouldn't be where I am now. She believed in me." Sometimes the Ms. Joneses of the world hear from their former student but often they do not. We impact each other beyond our knowing, and by believing in a child, we can impact their life in a manner

that we may never see realized.

An approach that is highlighted by trauma experts is the importance of relationship and connection. A protective factor for children that experience adversity (of course, this benefits everyone) is secure attachments with adults. One of the avenues toward student wellness during this time of distance learning and shelter in place is the focus on social-emotional support. Children need time to connect with each other in a way that is not solely academic and this has been a primary focus of educators. It is essential that we do all we can as a community to pay careful and extra attention to our children — and do what we can to promote connection. Connections with peers and attachment with adults are essential supports. Allowing time for children to express their experience right now is good medicine.

As we protect each other by tangible measures such as shelter in place, wearing masks in public, social distancing and handwashing — it is also equally important to consider the invisible protections for children. These are interactional in nature. Listening, being present, promoting phone calls or computer meetings with peers, and gentle guidance all require our patience and time. These actions are deliberate and are easy to overlook when we are busy and overwhelmed. Let's support each other as we work toward becoming resilient together. There is no greater social investment of this time than keeping each other safe and protected, physically and emotionally.

Take care and be well.

●
Dr. Peter Stoll is a credentialed school psychologist and administrator and prefers he/him pronouns. He is a program director for the Humboldt County Office of Education and the Humboldt-Del Norte SELPA.

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Humboldt County Office of Emergency Services Manager Ryan Derby (left) speaks with Fifth District Supervisor Steve Madrone and Joint Information Center Lead Public information officer Heather Muller.

Courtesy of Humboldt County Public Health

‘Very Soon’

Humboldt County was ready to move forward, then cases spiked, leaving an uncertain path ahead

By Thadeus Greenson

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On the afternoon of Friday, May 8, just hours after some toy stores, florists, boutiques, bookstores and other retailers throughout Humboldt County re-opened for curbside pickup and delivery for the first time in weeks, Sheriff William Honsal addressed the media with a tone of hope and optimism.

“This is a soft opening but we plan to open our retail stores [to walk in customers] very, very soon,” he said, explaining that the state has laid out a set of criteria for counties to meet in order to move out of the COVID-19 induced shelter in place at a faster pace than the rest of California. “We can pretty much attest to all those things. ... we could have our businesses opening up by mid-week next week.”

Restaurants could open to walk-in customers “the next week or two,” he said.

The day after Honsal’s remarks, the county announced it had confirmed two additional COVID-19 cases. Then came four more on May 11, as well as the announcement that at least one employee and one resident at Eureka’s Alder Bay Assisted Living had tested positive. The next day, three new cases were announced, including another of Alder Bay’s residents.

The quick spike in cases is likely unrelated to the soft re-opening of some retail shops that had preceded it by just a few days, as health officials say it will take at least a week for such changes to show up in testing results. But it has alarmed local officials and may put the county’s path to controlling its own pace of re-opening at risk.

The county has now confirmed 11 cases since April 29. That’s not only a large jump from the number of cases confirmed over the prior 11 days, but it also thrusts the county perilously close to eclipsing the state’s first criteria for counties to certify they are ready to exercise control over easing shelter-in-place restrictions: They can’t have had more than one new confirmed COVID-19 case per 10,000 residents over the prior 14 days. Humboldt County, with a population of 135,558 has now recorded 11 new cases over that time period, or an average of 0.81 cases per 10,000 residents.

Gov. Gavin Newsom has laid out a four-stage plan to easing his statewide shelter-in-place order and re-opening California. Stage one was all about readiness, allowing only “essential” businesses to remain open as state and local governments and health-

care institutions scrambled to increase testing rates and hospital capacities to prepare for a potential surge in illnesses. Stage two began last week with re-opening of curbside retail businesses — as well as the manufacturing and warehouse services needed to support them — and will proceed gradually over time to include walk-in retail, offices, dine-in restaurants, shopping malls, childcare centers and more. Down the road, stage three will include movie theaters, churches, salons and barber shops, while the fourth stage will allow large gatherings, like concerts and live sporting events, and will constitute a full-scale re-opening of the state.

But while Newsom was insistent that the state had to move into stage two as one unit, he left leeway for some counties to ease restrictions more quickly from there, so long as their health officers and boards of supervisors both pledge they meet certain readiness criteria.

Amid what was a lull in new cases — the county confirmed just two over a 17-day period heading into May — and tons of work preparing local infrastructure for a potential surge of cases, local officials from Honsal to Health Officer Teresa Frankovich have been very optimis-

tic Humboldt would meet the criteria to allow it to move forward at its own pace. As the *Journal* went to press May 12, the Humboldt County Board of Supervisors prepared to consider the following day whether to send a letter to the state supporting Frankovich’s attestation that the county is ready to move forward at its own pace.

Here’s a look at what the California Department of Public Health has laid out as the criteria local governments must certify they meet in order to attest that a variance from the statewide order is warranted. While the certification must be supported by the board of supervisors, it’s ultimately at the discretion of the public health officer, according to CDPH.

Epidemiologic Stability of COVID-19

While this sounds complicated, it basically just means the rate of confirmed new COVID-19 must be slow enough “to be swiftly contained.” Given that officials expect an increase in cases whenever restrictions are eased, the state wants to make sure they’re low on the front end.

But as mentioned above, the state lays out some specific benchmarks for this provision: A county cannot have had a single COVID-19 death or more than 1 new case per 10,000 residents in the 14 days before making its certification. While Humboldt County has not recorded a COVID-19 death, the recent spike in new cases puts it perilously close to failing this readiness test and putting it into a holding pattern in which it would have to wait for infection rates to slow before proceeding.

Protection of Stage 1 Essential Workers

Before any county moves ahead into stage two, the state wants to make sure the essential workers listed in stage 1 — from grocery store clerks and healthcare workers to firefighters and maintenance crews — are protected. This means the county providing clear guidance to all these workers and their employers on how to maintain safe work spaces, as well as making sure they have necessary supplies, from disinfectants to protective gear. Frankovich indicated the organizations employing or representing these employees locally have done a good job of making sure protections are in place.

Testing Capacity

The state wants to see that counties have the testing capacity to both monitor the spread of the virus and also aggressively test to help contain a surge. To

that end, the state lays out some specific benchmarks.

Counties must have a “minimum daily testing volume to test 1.5 per 1,000 residents,” and provide both their testing plan and their average daily testing totals for the past week. When it comes to Humboldt County, this too is a potential stumbling block. With a population of 135,558, that would equate to Humboldt County testing an average of 203 people per day and the county’s public health reports indicate the county hasn’t gotten there. Over the past nine reporting days, the county has averaged 124 tests per day — a substantial increase over previous testing rates but still short of what the state wants.

In a media availability Monday, Frankovich stressed that capacity is ramping up. A mobile testing site at Redwood Acres has the capacity to test 132 people per day, with the potential to expand. Additionally, she said the local Public Health Laboratory, which can currently process about 60 samples a day, could turn out 160 daily once some ordered equipment arrives. Which all means, Frankovich said, that current capacity is very close to 203 per day and will soon increase substantially.

The state also allows counties to offer a justification for why they believe the capacity to test at those rates isn’t necessary, if that’s the case. But it is a bit unclear as to whether the state is looking for testing capacity or an established track record of testing volume. If it’s looking for the track record, Humboldt County isn’t there yet.

Containment Capacity

The state wants to see two things here: that counties have enough contact investigators to successfully catch potential new cases early — before they unwittingly spread the virus to others — and that they have the infrastructure in place to shelter and isolate those without the means to do so themselves, including homeless people.

More specifically, the state wants counties to attest that they have at least 15 contact investigators per 100,000 residents. (Humboldt County has 30, according to Frankovich, easily meeting this criteria.) And the state wants counties to have available housing units to shelter 15 percent of their homeless populations, as well as plans in place to support others who can’t properly isolate. Frankovich said at a press conference last week that Humboldt County certainly has a program in place on this front, as it has already been sheltering and isolating members of the homeless population as they go through testing and quarantine, though she wasn’t

sure capacity was adequate at that point.

Hospital Capacity

To meet this criteria, counties must show local governments and healthcare providers have plans in place to provide sufficient surge capacity for an influx of COVID-19 patients as well as enough personal protective equipment for healthcare staff. More specifically, the state is asking counties to certify they can accommodate a minimum 35 percent surge.

Humboldt County Deputy Public Health Officer Josh Ennis has indicated that Humboldt County is in good shape here, with local hospitals having planned internal surge capacities by re-arranging rooms, converting operating rooms into intensive care units and other measures. The state has also set up the 100-bed alternative care site at Redwood Acres Fairgrounds — and Mad River Community Hospital is constructing another — to accommodate a potential influx of mildly ill patients, which would free up additional space in the hospitals for the critically ill.

When it comes to PPE, Frankovich said she feels there are sufficient stockpiles, saying most local providers currently have 14 days’ worth on hand, though she’d like to see that increase to 30.

The potential rub here, however, might be that the state also wants to see that counties have not just the physical capacity of hospital and alternative care space to meet a 35 percent surge, but also the workforce capacity to staff all those additional beds. It’s unclear if Humboldt County is there yet.

“Our workforce is probably the most critical component of this and likely where we’re to experience the most significant limitations,” Ennis said recently. “There’s been a lot of discussion with hospitals and other healthcare entities out in the community about what this could look like.”

The focus, Ennis said, is on the various skillsets people have, realizing if the surge comes, it will necessitate an all-hands-on-deck approach. That could mean using anesthesiologists and surgeons to work in intensive care units, relying on tele-health were possible and potentially even recruiting “people out in the community comfortable enough with in-patient medicine to contribute to the workforce” at the alternate care sites. Reinforcements could come from the state, Ennis said, though he added officials would like to “see this happen locally as much as possible.”

Vulnerable Populations

Because seniors and those with compromised immune systems are most vulnerable to becoming critically ill from

Continued on next page »



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COVID-19 — and because the virus can move quickly through congregate living settings — the state wants to make sure counties have protections in place for vulnerable populations, and particularly those in long-term care settings. Part of the criteria for this is making sure these facilities have the aforementioned 14 days' worth of PPE. Along with the goal of a month's supply, Frankovich recently indicated they do she'd like to see facilities "linked to commercial supply chains" so they're not counting on the county or the state for supplies. Frankovich said she also wants to make sure these facilities have plans in place — and space available — to isolate and quarantine residents as needed.

Sectors and Timelines

This just means the state wants to see how the county plans to move forward.

"This should include what sectors and spaces will be opened, in what sequence, on what timeline," the state guidelines read.

Triggers for Adjusting Modifications

If the county sees a spike in cases at some point in this plan, what then? The state wants to know the county has thought out contingencies and see specific metrics as to when the county will pump the breaks and slow down its plan. Additionally, it wants to know "how the county will inform the state of emerging concerns and how it will implement early containment measures."

Overall, Frankovich has said she thinks the county is "in really good shape" and better poised than most to move forward a bit faster than other areas of the state. On May 8, she said she had a conference call with state health officials scheduled for May 11 to review the county's documentation and answer questions with the hopes of moving forward quickly with the process of certifying the county ready to move forward. On May 13, a day after the *Journal* went to press, she was slated to seek the board's support for her submission to the state.

But the state has also recently made



A sample is prepared for testing at the Humboldt County Public Health Laboratory. Courtesy of Humboldt County Public Health

very clear there are some criteria that to some extent are beyond the control of local government — the conduct of local people. Over in Shasta County, Health Officer Karen Ramstrom certified the county's readiness to move forward under state criteria May 8. But two days later, against county officials' urgings, the Cottonwood Rodeo proceeded as scheduled with 2,000 attendees — "most of whom did not practice social distancing nor wear masks," according to county officials — in violation of the governor's order. The state has since "delayed" Shasta's ability to move forward, according to a press release.

"We're all frustrated," said Ramstrom in a press release, adding that the rogue rodeo risked disease transmission and delayed the county's economic recovery.

As the *Journal* went to press shortly after Public Health confirmed three new cases — bringing the total to 11 over the past 14 days — it was unclear if the recent spike would change how county officials planned to proceed. Check www.northcoastjournal.com for updates. ●

Thadeus Greenson is the *Journal's* news editor and prefers he/him pronouns. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.



The Windy City classics at Chicago Dog House at Redwood Acres, which is also home to the mobile COVID-19 testing center.
Photo courtesy of Carrie Dadigan

Underdog

Chicago Dog House's unlikely opening

By Jennifer Fumiko Cahill

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The Chicago dog is born of hard times. During the 1930s, a nickel "Depression dog" with mustard, onions and relish, or one that was "dragged through the garden," the meat nearly obscured by lettuce, tomato and peppers, stretched both the coin and the stomach of Chicagoans. So maybe it's fitting that Chicago Dog House, a little cart serving the classic American street food, opened last week in the middle of a crisis.

Location, as they say, is everything. Chicago Dog House set up its prep kitchen and popped its yellow and red umbrella at Redwood Acres, where Humboldt County's mobile COVID-19 testing center and its alternative care site built by a prison work crew just two weeks ago are located. And, at least in its initial launch, events that would seem to conspire against the fledgling business are working out.

When Carrie Dadigan "semi-retired" from hairdressing, she and her fiancé Todd Nuse, who'd worked for 25 years at a

Shelter Cove electrical company, wanted to find something different. She says she'd always daydreamed about having a hot dog stand for fun. "I remember there was a lady who had a hot dog cart in Old Town and there were always people lined up," she says. Looking around, they saw nobody else was doing a traditional Chicago dog and decided to take the leap.

They were hunting for a spot and working on their business paperwork in February and in the beginning of March found a tiny commercial kitchen spot in the former ticket booth at Redwood Acres, where neighbors Frankie's New York Bagels and the Boardroom were already thriving. The monthly rental came with a standing gig as hot dog vendor for the Redwood Acres Fair and the stock car races, with a spot on the patch of lawn just outside the kitchen.

But by the time the licensing paperwork was finished, COVID-19 had reached Humboldt County and the shelter-in-place

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NCJ ON THE TABLE

Continued from previous page

order had forced restaurants to shut down or shift to curbside pickup. The streets of Old Town where once they'd dreamed of setting up shop were empty.

"I was like, what the heck do we do?" says Dadigan. "But what we were seeing was all the restaurants doing pickup and curbside delivery." Since Dadigan and Nuse were the owner operators and already shared a household, they didn't have to worry about distancing between employees, and nothing is more curbside than a hot dog stand. So they got the word out on social media and set up a pandemic-ready system. "We're doing social distancing, we're wearing masks and gloves, and staying 6 feet away from [customers]." Nuse handles the cash, while Dadigan puts together the orders — nobody but her touches so much as a mustard bottle.

"Then they decided to set up the testing facility," says Dadigan, who heard the news online that the county would be checking medical staff for COVID-19 at Redwood Acres starting April 28. Around the same time, construction began on of a 100-bed surge facility for treating less severe COVID-19 cases on the premises. But neither created the problems of proximity she'd feared — the testing area was roped off and off to the side from the stand's little island of grass, with plenty of signs to avoid confusion. In fact, it created foot traffic.

"People have shown up," says Dadigan, noting that obligatory trips to the testing facility have helped spread the word. "The fire department and it seems to me frontline workers, the nurses, the doctors, that type of thing. ... A few of [the medical staff being tested] have seen us and come and picked up a hot dog." In fact, on its official grand opening May 4, the stand sold out of hot dogs in around four hours.

It also turns out this might be the moment — as it was in the Great Depression — for a fast, cheap and filling hot dog that's been dragged through the garden, not to mention the stand being a balm to homesick Chicagoans. Dadigan chuckles over the phone recalling how one of the security guards for the testing facility stopped by. "He said, 'Man, I'm from Chicago and I haven't had one of those in like five years.'" She and Nuse made him one. Later he swung by for another.

"We order everything from Chicago," she says. "You can't just have any old relish



Chicago Dog House at Redwood Acres.

Photo courtesy of Carrie Dadigan

or any old dog. It's very specific." That means snappy Vienna brand sausages (the original brand started up by Hungarian immigrant brothers in the late 1800s), poppyseed buns, sports peppers (like pepperoncini but firmer and spicier), mustard, pickles, onions, tomato, celery salt and the Windy City's signature bright blue-green sweet relish. We're still in Humboldt, so there are vegan dogs along with traditional beef dogs and red hots.

A friend of hers who works at St. Joseph Hospital has asked if they'd set up there, so Nuse and Dadigan are working on getting permission. Dadigan says they'd like to park the cart there "for a day or two to just be there for those guys."

It's not lost on Dadigan how fortunate she and Nuse have been, and she says their hearts go out to owners of sit-down establishments who've had to either restructure their businesses or close entirely. If anything she's a bit stunned by the stand's luck amid shelter in place and the building of two facilities that might have scared customers away. "It worked in our favor," she says, "and it continues to in the most curious and amazing way."

Jennifer Fumiko Cahill is the Journal's arts and features editor and prefers she/her pronouns. Reach her at 442-1400, extension 320, or Jennifer@northcoastjournal.com Follow her on Twitter @JFumikoCahill.

In the Wind on Humboldt Bay

By Mark Larson

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What do you do for fun out-side in this era of physical distancing when the wind is blasting? For 77-year-old Peter Portugal and his 40-year-old son Bohdi, the best answer is to don wet suits and go windsurfing in Humboldt Bay.

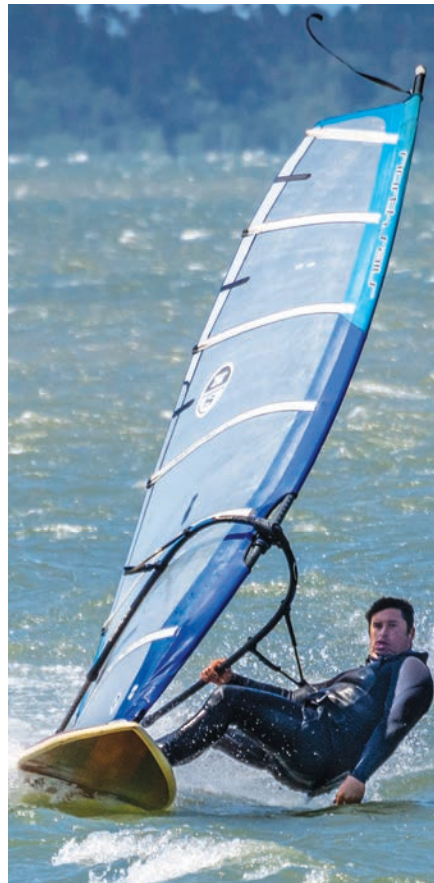
Bohdi lives in Nicaragua eight months out of the year teaching windsurfing to tourists and happened to time a two-week visit to Eureka to see his parents, Peter and Sue, just before the shelter-in-place orders came down. Five weeks later, he's still here. "There's no return flights, tourists visiting Nicaragua now or work for me there any way due to the shutdown," Bohdi said.

Peter and Bohdi have been windsurfing together since Bohdi was 10 and have moved most of their windsurfing gear to Nicaragua. They still have two sails and two boards here, one made out of wood (Peter used to own a sports car also made out of wood that he recently sold).

Peter and Bohdi parked their car and gear in the lot next to Humboldt Bay in the Arcata Marsh and Wildlife Sanctuary mid-morning Wednesday as the north-west wind was blasting at least 20 mph with stronger gusts occasionally. Perfect for windsurfing in this location, said Peter and Bohdi, as long as you arrive just before a 5-foot or higher incoming high tide. The water isn't very deep here, except in the channel area, even at high tide.

Peter recounted that on one of his first windsurfing visits to this location he'd misread the tide charts. "I went out for a long ride toward the Samoa Bridge, only to discover my mistake and was stranded. It was a long two and a half-hour walk back across the mud," he said.

●
Mark Larson is a freelance photographer and retired Humboldt State University journalism professor, and prefers he/him pronouns.



Bohdi Portugal created some serious speed while wind surfing in high winds blowing across Humboldt Bay.

Photo by Mark Larson



Peter Portugal showed some strong windsurfing skills in the heavy winds on Humboldt Bay.

Photo by Mark Larson

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Crip Camp

Crip Camp and the Possibility of Revolution

By John J. Bennett

screens@northcoastjournal.com

In its ongoing re-creation and refinement of the history of movie production and distribution, Netflix has leaned heavily on documentaries. Especially in the early days, when nine-figure budgets and international auteur credits were just gleams in Ted Sarandos' eye, the company could use the genre — as a rule less expensive to produce and arguably more accessible than most scripted ones — to both draw in subscribers and contribute to a brand identity for original content. Granted, that identity has come to include a little of everything, but there is a warmth, curiosity and humanism to much of its documentary content that is every bit in keeping with the concept of a streaming service that offers not only something for (nearly)

everyone, but a voice and intentionality in the material it produces.

The ascent of Netflix as a documentary house reached a high point in February, when *American Factory* won the Academy Award for Documentary Feature. That win was the result of a partnership — and declaration of intent — between the company and Michelle and Barack Obama's Higher Ground Productions, which optioned *Factory* after it screened at the Sundance Film Festival. In a symbolic and literal gesture, Netflix had provided a platform for the radical progressive notions of inclusion and compassion.

This, the most recent result of that collaboration (which could use some titular disambiguation) further advances the agenda by looking into the not-so-distant

past and examining a criminally understudied chapter in American social justice.

The movie starts out unassuming, introducing us to a group of young people attending summer camp in the Catskills in the 1970s. *Camp Jened* is different, though, because it is exclusively for kids with disabilities and, for many of the campers, is the only place they can feel seen and heard and included. Drawing on a wealth of archival footage captured by a student documentary crew embedded in the camp, *Crip Camp* makes its first job to shatter the illusion of otherness. It brings the viewer into the squalor of adolescent bunk houses and debates about what everybody wants for dinner and the fervid fumbblings of summertime first love.

But then the movie moves in tighter



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on the individual experiences of these kids, the realities they have to face before and after camp. In their own words, some effulgent and clear, some stifled or drawn out by neurological disorders, some nearly indecipherable, they each describe life as lived in a world that insists on systemically ignoring and segregating them. Directors James Lebrecht and Nicole Newnham here incorporate some Mid-century documentary footage from inside “homes” for disabled children by way of contrast; it is the stuff of nightmares. Children, naked and unattended, writhe in rows in their own waste, forced to feed themselves when physically incapable of doing so. In seconds, this gives the lie to the myth of the good old days: Unless you were among the chosen, the good old days were a medieval prison sentence.

As a core group of Jened campers grow up and become independent, they make their way to Berkeley, California, and begin to engage as adults with a world physically designed to prevent engagement. The environment is filled with literal physical barriers to entry: sidewalks insurmountable by a wheelchair, staircases impassable on crutches, public bathrooms literally impossible to access. The channel their collective frustration into a movement, with Judith Heumann quickly emerging as their stalwart leader and spokesperson. They take on the collective dismissiveness of American culture and government, using their physical presence and perseverance to foment sweeping, lasting change. It's a rousing example of how people can (or used to) be a force for positive change in the world.

Stylistically, *Crip Camp* could hardly be called revolutionary. It intercuts traditional talking-head interviews (primarily the campers as adults) with the documentary footage described above and some TV news reportage of the day. But here, the telling of the story is the thing and this one doesn't suffer for lack of embellishment. I'm embarrassed to say I knew basically nothing about the origins of the Americans with Disabilities Act before I watched this. I'm not embarrassed to say I basically cried continuously as I did so. *Crip Camp* offers an introduction to a part of our recent past we would all do well to learn, and a warm-hearted introduction to a group of friends who found, in togetherness and inclusion, the strength to change the world.

Sounds strange, coming from me, I'm sure; it feels like what we need. R. 106M. NETFLIX. ●

John J. Bennett is a movie nerd who loves a good car chase and prefers he/him pronouns.



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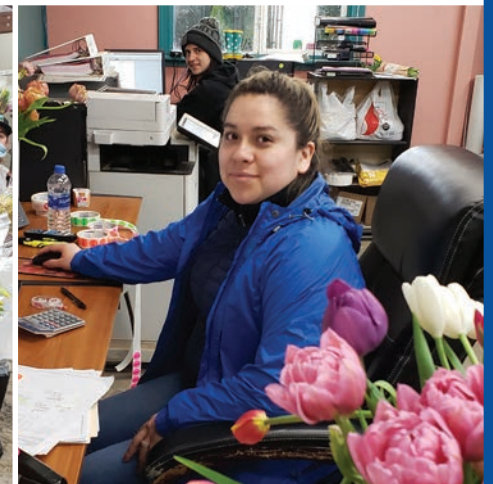
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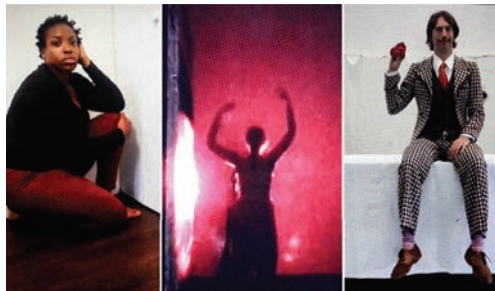
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Don't miss out on all the hard and creative work the students at **Dell'Arte International School of Physical Theatre** have been up to this year. While a trip to the Carlo Theatre is not in the picture right now, you can still watch all the blood, sweat and tears created by Dell'Arte's 2020 graduating class in **Frame by Frame – the 2020 Thesis Festival** via Zoom. Tune in **May 14-17 at 8 p.m.** and **May 21-24 at 8 p.m.** (donation). Sign up online at www.dellarte.com/thesis-2020.



Photo by Joe Galkowski

Join Redwood Region Audubon Society **Friday, May 15** from **7 to 8 p.m.** for **"The Ecological Role of Raptors and the Impacts of Rat Poison,"** a Zoom presentation with Jaime Carlino about a nonprofit organization working to eliminate toxic rodenticides from the food web (free). Visit www.ras.org/home.aspx to obtain the link. Pizza rat thanks you.



Photo by Joe Galkowski

The show must go on. And it did. **Dancing Stars of Humboldt**, shut down by the social distancing order, performed to a nearly empty theatre back in March. But all the leaping, twirling and tapping artistry was captured on video for your **streaming** pleasure. If you purchased a ticket but missed the show, contact dancingstarsofhumboldt@gmail.com with a photo of your ticket(s) or ticket numbers, and DSH will provide you with a "ticket" to the virtual show. Didn't buy a ticket then but want to watch it now? Go to 4411708.flickrocket.com/us/All-Products/c/1 and get one for \$15.

BULLETIN BOARD

Seeking Artists Responses to COVID-19. Leslie Castellano is seeking artists' perspectives on the social and economic territory of the coronavirus. In collaboration with The Ink People, Leslie is inviting artists to participate in a survey by May 16. Artists are invited to share their concerns and visions for Humboldt County. Responses will be shared in a report to the Economic Resilience Consortium, a group of local economists, planners, and community members who are working to support businesses and workers in Humboldt County. Visit www.inkpeople.org/artistssurvey.

Dell'Arte Humboldt Scholarship. Dell'Arte International School of Physical Theatre announces a one-time-only scholarship for its cornerstone Professional Training Program, a one-year program designed for students with a desire to journey into the realms of actor-created theatre. The Humboldt Scholarship is open to all Humboldt County residents and covers one-third of the tuition (amounting to a \$4,200 discount). To apply to the Professional Training Program and be considered for the scholarship, visit www.dellarte.com or contact Director of Admissions Matt Chapman at matt@dellarte.com.

Friends of the Redwood Library invite children to use their imagination to draw a picture or character from a favorite book for its annual Children's Art Calendar. Fill out the application at www.eurekafrl.org and enter up to three pictures by sending photos of the drawing(s) to frlcalendar@gmail.com or P.O. Box 188 Eureka, CA 95502. All who enter get a gift certificate to the Serendipity Book Store upstairs in the Eureka Main Library.

KEET is accepting short quarantine videos. Shoot a one-minute clip on your phone or tablet about how you're spending your downtime during shelter in place — gardening, cooking, knitting, whatever works for you — as well as whatever silver linings you've discovered. Send video files to production@keet-tv.org. These short videos will be used on KEET-HD and may be edited for length.

KEET is also accepting video stories from local Asian Americans and Pacific Islanders. As part of Asian American Pacific Islander Heritage Month in May, KEET is looking for stories from you to share. What experiences have you had living on the Redwood Coast and beyond? Tell your story. Call 445-0813 or submit your story to production@keet-tv.org.

Humboldt County Library materials are available even without a library card. Create an e-account at www.humlib.org with just your name, zip code and an email address for access to e-books, audio books, magazines and databases, even while the library is closed. Click "Connect with a Librarian or Get an e-Account" or call 269-1915 Tuesdays through Saturdays 10 a.m. to 5 p.m. Or use your library card on the site, even if carrying a bill. Wi-Fi is also available outside all library locations Tuesdays through Saturdays from 9 a.m. to 9 p.m. Please observe social distancing while using library Wi-Fi. Hold onto library books and other materials, as drop boxes are locked.

Quarantine Café seeks submissions. Share your gifts with the daily half-hour program featuring performances and interviews with musical acts from around the world. For submission guidelines, go to www.facebook.com/quarantinecafe. New episodes air weekdays at 3 p.m. The entire backlog of episodes is available on Facebook and soon YouTube. Email quarantinecafe2020@gmail.com.

The city of Arcata is offering free delivery of backyard compost bins, which may be purchased for the discounted price of \$25. Email eservices@cityofarcata.org or by calling 822-8184. Proof of residency within Arcata city limits is required. For more information on zero waste practices, visit www.cityofarcata.org.

The Humboldt County Animal Shelter will be closed to the public until the shelter-in-place order is lifted, though staff will still be feeding and caring for the animals, as well as taking calls Monday through Friday from 8 a.m. to 4:30 p.m. If your pet is impounded at the shelter, call 840-9132 to make pick-up arrangements. If you leave a message, your call will be returned.

GET HELP/GIVE HELP

The city of Eureka is accepting donated face coverings. Homemade cloth masks, no-sew masks, bandanas and elastic hair ties will be sanitized and distributed to St. Vincent de Paul, the Eureka Rescue Mission and the Betty Kwan Chinn Day Center. Wear your own face covering when leaving masks or materials in the donation box outside the main entrance of Eureka City Hall at 531 K St. weekdays from 8:30 a.m. to noon and 1 to 4 p.m.

Area 1 Agency on Aging Partners and the Friendship Line offer support to seniors. Older adults can call the toll-free "warm line" (1-888-670-1360) for a friendly listening ear and emotional support for those facing loneliness, isolation or anxiety, including concerns about COVID-19. Both the new number and the 24-hour, toll-free Friendship Line (1-800-971-0016) will take inbound calls, as well as offer pre-scheduled outbound call service.

Redwood Community Action Agency is offering help with energy bills — home heating bill or the purchase of propane, firewood, pellets or kerosene — for low to moderate income households. Call 444-3831, extension 202, to see if you qualify. To learn more about RCAA's programs and services, visit www.rcaa.org or call 445-0881.

CalFresh EBT cards can be used for online and home delivery shopping at Amazon and Walmart. Visit www.getcalfresh.org to apply or call (877) 847-3663 to be connected to your local county social service office.

Redwood Coast Energy Authority is offering a \$500 rebate for purchasing electric bikes through October or until funds run out. Learn more at www.redwood-energy.org/services/transportation/electric-bikes-rebate, call 269-1700 or email EV@redwoodenergy.org.

Humboldt County free school meals are available. For a complete list of all district meal times and distribution locations, visit the Humboldt County Office of Education's website: www.hcoe.org/covid-19-2/school-meal-times-and-locations.

Northern California Community Blood Bank: You can make an extremely essential outing and safely donate at a number of times and locations around Humboldt. Blood mobiles and the blood center are set up for social distancing. Visit www.nccbb.net for a full schedule.

Mad River Community Hospital: Donations of PPE can be made at the main hospital entrance Monday through Friday, noon to 2 p.m. Facilities in need of masks can reach out to the Facebook group Humboldt Coronavirus Mask Makers for donations.

Emergency Grants Available to Help College Students Stay in School with a \$500 California College Student Emergency Support Fund for low-income students who are currently enrolled full time and have already completed 24 semester units. Undocumented

immigrants, foster youth and those who are housing insecure are urged to apply. Apply online at www.missionassetfund.org/ca-college-student-grant.

SoHum Health's hospital and clinic staff are calling seniors residing in the area to offer a wellness check, information on grocery delivery services via the Healy Senior Center, prescription refills and delivery, and Tele-health visits with their clinic providers, if needed. Don't wait for a call, contact SoHum Health's Senior Life Solutions at 922-6321.

Humboldt Area Foundation and its affiliate the **Wild Rivers Community Foundation** (in Crescent City) have launched the **COVID-19 Regional Response Fund**. Tax-deductible contributions can be made by mail, at www.hafoundation.org or in person. Grants will go to nonprofits, other charitable organizations and Native Indigenous organizations in Trinity, Humboldt, Del Norte and Curry counties. Visit www.hafoundation.org or call 442-2993.

Pacific Gas and Electric Co. (PG&E) is implementing a series of billing and service modifications effective immediately to support customers experiencing hardships as a result of the COVID-19 pandemic. For more information, visit www.pge.com/covid19.

EVENTS

ARTS & MUSIC

Ask the Curator - Facebook Live Virtual World Event. Friday, May 15, 2-3 p.m. Virtual World, online. Interim Director-Curator Katie answers your questions about what goes on behind the scenes at the Clarke Museum. Free. dana.f@clarkemuseum.org. www.facebook.com/ClarkeHistoricalMuseum. 443-1947.

College of the Redwoods Juried Student Exhibition. April 14-May 14. Virtual World, online. A virtual show of student work on view at the Creative Arts Gallery website, where visitors can explore the exhibition in full. You can also see work posted daily on Instagram at [@redwoodsgallery](https://www.instagram.com/redwoodsgallery) and at www.facebook.com/collegeoftheredwoodsgallery. This year's judge is Gina Tuzzi. Free. www.redwoods.edu/artgallery.

Club Triangle Streaming Saturdays. Saturdays. Virtual World, online. Weekly online queer variety show. Submissions accepted daily then shared on Streaming Saturdays all day. Post your art on social media and tag [@clubtriangle](https://www.instagram.com/clubtriangle). www.instagram.com/clubtriangle. www.facebook.com/clubtriangle707. Free.

EmRArt with James Zeller. Saturdays, 2-4 p.m. Virtual World, online. Cross-platform entertainment from remote locations. James Zeller plays jazz from Arcata, and Emily Reinhart lays charcoal on birch wood in Eureka. Watch via Facebook (www.facebook.com/EmRArt) or by YouTube. Free. emily@emilyreinhart.com. www.youtube.com/channel/UC1clGc_-RERdVHWjNBsbhIQ.

The Future Is Now: A Zoom Communique. Thursdays, 6:30-8 p.m. Virtual World, online. A fun and interactive Zoom call based in Humboldt County. Join time travelers from your future who are searching for the artifacts from our time that predict life in the decades to come. Do you dream and work for a better future? Hear how your work turns out! Email or visit the Facebook event page for the Zoom link. Free. CoopHumEd@gmail.com. www.facebook.com/events/165709037763791.

The J Street Regulars Radio Hour. Mondays-Fridays, 7-8 p.m. Virtual World, online. A live-stream performance from the Sanctuary's Great Hall via Facebook Live. One of the J Street Regulars hosts, performing live and taking requests. Free, donations via website welcome. nanieldickerson@gmail.com. www.sanctuaryarcata.org/donate. 822-0898.

King Maxwell Quarantine Funk #9. Fridays, 9-11

Continued on next page »

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p.m. Virtual World, online. Are you missing Soul Party? Join the King for a joyous dance party as you quarantine in place. Enjoy the sounds of funk, soul, electro, disco, roller skating jams and boogie while the King adds vocoder flavor. Free. arcatasoulpartycrew@gmail.com. www.youtube.com/watch?v=pssTRY5HLAK.

Social Distancing Festival, Virtual World, online. A site for celebrating art from all over the world. Tune in for live streams of music, theater, storytelling, performance art and more. www.socialdistancingfestival.com. Free. www.socialdistancingfestival.com.

Socially Distant Fest. Another Facebook group for virtual connection and entertainment with 57,000 members and growing. From the group's "About" page: "This group has been created to bring some entertainment to those of us that are isolated/quarantined or distanced socially because of the COVID19 pandemic. We welcome performers of all backgrounds (musicians, poets, puppeteers, fire spinners, etc.) to share their talents with us! We will have a showcase every Sunday." Email howdy@sociallydistantfest.com to perform. Find it at www.facebook.com/groups/sociallydistantfest.

Quarantine Sing-along. Ongoing, 7 p.m. Virtual World, online. A Facebook group to join if you like fun group singing. Song of the day posted at 3 p.m., singing starts at 7 p.m. www.facebook.com/groups/quarantinesingalong. Free.

BOOKS & SPOKEN WORD

Reading in Place online book club. Saturdays, 1 p.m. Virtual World, online. Join the Humboldt County Library for a new online reading group with meetings via Zoom. Discuss a different short story each week and connect with other readers. Sign up using the Google Form link online or via the library's Facebook page and you'll receive an email with the Zoom meeting link to click when it's time to start. Free. www.humboldt.gov.org/Calendar.aspx?EID=5991&month=4&year=2020&day=25&calType=0. 269-1915.

Poetry on the Edge. Ongoing, noon. Virtual World, online. This Facebook group of Humboldt County poets (and lovers of poetry) is about living on the edge of the continent, on the edge because of the crazy pandemic we're living in, and because words give us a way to explore both the shadows and the light. Hosted by Eureka Poet Laureate David Holper. Free.

DANCE & MOVEMENT

Dancing Stars of Humboldt 2020 Now Streaming. Ongoing. Virtual World, online. On March 14th the Dancing Stars of Humboldt, shut down by the early social distancing order, performed to a nearly empty theatre. With a tiny audience of about 20 close family members, our local Dancing Stars danced their hearts out, and were captured on video. You can stream the show for a limited time! Did you buy a ticket? Contact dancingstarsofhumboldt@gmail.com with a photo of your ticket(s) or ticket numbers, and DSH will provide you with a "ticket" to the virtual show. \$15. www.dancingstarsofhumboldt@gmail.com. 441-1708. www.flickr.com/photos/sf-ballet-home/. (888) 418-8346.

San Francisco Ballet: Hurry Up, We're Dreaming. Friday, May 15, 3 p.m. Virtual World, Countywide, online. San Francisco Ballet's free weekly stream on SF Ballet @ Home features commissioned works from the 2018 Unbound festival and other ballets from company's repertory. Every Friday, SF Ballet streams a complete ballet from its archives on Facebook, IGTV, YouTube, and the SF Ballet website. Each stream is available for one week. Meet the Artist interview Friday, May 15 at 2:30 p.m. www.sfballet.org/sf-ballet-home.

Hip Hop Dance Class with Cleo. Mondays, 2-3 p.m. Virtual World, online. Let loose with some easy footwork and isolation, while finding your own groove. Wear stretchy clothes and prepare space to jump around and shake what your mama gave ya. Donations of any

amount can be sent through PayPal under Cleo_deorio@yahoo.com. Pay what you can. cleo_deorio@yahoo.com or Venmo under @cleodeorio. www.youtube.com/channel/UC3K_ieEdMDotn2qjZcIKh2g. (567) 242-8953.

Modern Dance Class with Cleo. Thursdays, 10-11 a.m. Virtual World, online. A relaxing and explorative modern class from the comfort of your own home. Find balance, strength and flexibility amid the quarantine stress. Wear stretchy clothes and prepare space to sprawl out on the floor. This class will be hosted on YouTube Live and is pay-what-you-can. Donations of any amount can be sent through PayPal under Cleo_deorio@yahoo.com or Venmo under @cleodeorio. Pay what you can. cleo_deorio@yahoo.com. www.youtube.com/channel/UC3K_ieEdMDotn2qjZcIKh2g.

Restorative Movement. Tuesdays and Thursdays, 10:30-11:30 a.m. & 1:30-2:30 p.m. Virtual World, online. This class includes breath work, relaxation, and a variety of yoga and non-yoga movement styles. Tuesday classes focus on strength and mobility. Thursday classes focus on relaxation and breath work. Contact instructor Ann Constantino for a link to the online class orientation. Free. annconstantino@gmail.com. www.sohumhealth.org. 923-3921.

Tabata. Mondays, Wednesdays, Fridays, 5:30-6:30 p.m. Virtual World, online. SoHum Health presents online Tabata classes. Tabata exercises are short, high intensity cardio workouts consisting of quick rounds of exercise at maximum effort, followed by 10 seconds of rest. Contact instructor Stephanie Finch by email for a link to the online class. Free. sfinch40@gmail.com. www.sohumhealth.org.

World Wide Web Weavers. Sunday, 3 p.m.-midnight. Virtual World, online. Music, workshops, live interactive lounge rooms, healers, vendors and comedy. Ticket contributions will be shared evenly between all creative collaborators. Emerald Sisters Collective is a healing artisans cooperative based in Humboldt County. All ages event. \$7-\$77. emeraldsisterscollective@gmail.com. www.facebook.com/events/745094519360490/.

Zumba Live with Tigger. Tuesdays and Thursdays at 5:30 p.m. Virtual World, online. Via Facebook Live and Zoom. Find Tigger Bouncer Custodio on Facebook for details.

FOOD

Arcata Plaza Farmers Market. Saturday, May 16, 9 a.m. Arcata Plaza, Ninth and G streets. Review safety guidelines online to help keep the market and community safe. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org. 441-9999.

Garberville Farmers Market. Fridays, 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. Review safety guidelines online to help keep the market and community safe. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org.

Shelter Cove Farmers Market. Tuesdays, 11 a.m.-3 p.m. Mario's Marina Bar, 533 Machi Road, Shelter Cove. Fresh fruits and vegetables, flowers and premium plant starts. Review safety guidelines online to help keep the market and community safe. info@northcoastgrowersassociation.org. www.northcoastgrowersassociation.org.

KIDS

Boston Children's Museum Walk-through Tour. Ongoing. Virtual World, online. See the fun, educational exhibits from your couch. Free. www.bostonchildrensmuseum.org/museum-virtual-tour.

Drag Queen Story Hour. Virtual World, online. Glitter, wigs and stories for the kids. Visit www.facebook.com/pg/dragqueenstoryhour/events to see who's reading when and hear a fabulous story. Free.

Goodnight with Dolly. Thursdays, 4 p.m. Virtual World,

online. "Goodnight with Dolly" will continue every week on Thursday nights until June 4. Dolly Parton will read a book carefully chosen for appropriate content from the Dolly Parton's Imagination Library. www.facebook.com/dollysimaginationlibrary.

Mondays with Michelle Obama. Mondays, 3 p.m. Virtual World, online. Read along with the former First Lady via PBS' Kids Facebook page and YouTube channel, and Penguin Random House's Facebook page.

Roald Dahl Museum Read Along. Ongoing. Virtual World, online. Fun and engaging resources for educators, parents and kids. www.roalddahl.com/things-to-do-indoors. Free.

San Diego Zoo Kids. Ongoing. Virtual World, online. Zoo videos, activities and games. www.kids.sandiegozoo.org. Free.

Virtual Field Trips. Ongoing. Virtual World, online. For kids (and grown-ups, too!) Visit the Great Wall of China, Anne Frank House, Monterey Bay Aquarium, International Space Station, The Louvre Museum and more. www.freedomhomeschooling.com/virtual-field-trips. Free.

Virtual Marine Camp for Kids. Mondays, 11 a.m. Virtual World, online. Seattle-based Oceans Initiative marine biologists and parents Erin Ashe and Rob Williams livestream Mondays simultaneously on Instagram and Facebook. No need to sign up. Just like and follow their pages, and they'll "see" you Mondays at 11 a.m. Free. [@oceansinitiative](http://www.facebook.com/OceansInitiative), www.oceansinitiative.org/blog.

MOVIES & THEATER

Frame by Frame— the 2020 Thesis Festival. May 14-17, 8 p.m. and May 21-24. Virtual World, online. The Dell'Arte International School of Physical Theatre presents three groundbreaking works of theater created by this year's graduating MFA class. The online festival marks the culmination of three years of graduate study by an international ensemble of theatre artists. Talkback with the artists on Thursday, May 14, and Saturday, May 16, live on Zoom after the show. For a detailed description of each piece and to sign up to attend online, go to www.dellarte.com/thesis-2020. Donation.

Live at the Old Steeple - Chris Thomas King. Saturday, May 16, 8 p.m. On KEET PBS Ch 13.1. King was chosen to play the role of the itinerant blues man Tommy in *Oh Brother Where Art Thou?* Get a front row seat at this blues legend's local concert.

Minimax Movie Premiers. Virtual World, online. Support the Minimax and enjoy fresh arthouse cinema at home. Check out films for three to five days (details online). Movies TBA. \$12. www.minimaxevents.com/movies.

Minor Theater Movie Premiers. Virtual World, online. Support the Minor from your home theater. Check out films for three to five days (details online). Movies TBA. \$12. www.minortheatre.com.

Radioman. Virtual World, online. The 2019 Dell'Arte production the wartime drama based on Eric Hollenbeck's book *Uncle Sam's Tour Guide to Southeast Asia* and stories by other veterans with playwright Jim McManus. Via Dell'Arte's Vimeo and YouTube channels. Donation. www.dellarte.com.

Revenge Of The Undead Monster Party. Saturday, May 16, 5-7 p.m. Virtual World, online. A retro night at the movies filled with rampaging robots, undead mummies, shark men, sea monsters and a cartoon! The online fun will include short films, movie trailers, music and a full-length movie. All in just two hours. Free. robocatproductions@gmail.com. www.facebook.com/events/3068906286486389/?notif_t=adalert_adgroup_approved-if_id=1588837247711325. 707-267-4771.

MUSEUMS & TOURS

Buckingham Palace, Mount Vernon and More Historic Homes You Can Virtually Tour. Ongoing. Virtual World,

online. Enjoy the stunning architecture and interior design of many significant homes from the comfort of your own couch. Go to www.housebeautiful.com/design-inspiration/g31677125/historic-homes-you-can-virtually-tour. Free.

Cultural, Historical and Scientific Collections You Can Explore Online. Ongoing. Virtual World, online. Tour world-class museums, read historic cookbooks, browse interactive maps and more. Visit www.smithsonianmag.com/smart-news/68-cultural-historical-and-scientific-collections-you-can-explore-online-180974475. Free.

Explore Mars. Ongoing. Virtual World, online. Explore the surface of Mars on the *Curiosity* rover. www.access-mars.withgoogle.com. Free.

Gardens You Can Virtually Tour. Ongoing. Virtual World, online. From Claude Monet's garden in France to the Hawaii Tropical Botanical Garden to Waddesdon Manor in England. Visit www.housebeautiful.com/lifestyle/gardening/g31746949/gardens-you-can-virtually-tour. Free.

Monterey Bay Aquarium Live Cams. Ongoing. Virtual World, online. View different live cams of Monterey Bay Aquarium exhibits. www.montereybayaquarium.org/animals/live-cams. Free.

California Native Plant Society Wildflower Show. Virtual World, online. The North Coast Chapter of the California Native Plant Society hosts photos of wildflowers and their habitats; presentations on pollination and pollinators; posters and slideshows about invasive plants, dune plants and Wiyot plants; and lessons on wildflower art. susanpenn60@gmail.com. www.northcoastcnps.org. 672-3346.

NASA Space Center's Hubble Space Telescope. Ongoing. Virtual World, online. Take a virtual tour of NASA Space Center's Hubble Space Telescope. www.nasa.gov/content/goddard/hubble-360-degree-virtual-tour. Free.

Panda Cam at the Zoo Atlanta. Ongoing. Virtual World, online. www.zooatlanta.org/panda-cam. Free.

Winchester Mystery House Virtual Tour. Virtual World, online. An exploration of the famously spooky home while it's closed for the COVID-19 pandemic. Follow Winchester Mystery House's Facebook page for the next opportunity to tune in for a walkthrough of the house, which will stream on select days at 1 p.m. Free. www.winchestermysteryhouse.com/video-tour.

Yellowstone National Park Virtual Field Trip. Ongoing. Virtual World, online. Explore Mud Volcano, Mammoth Hot Springs and more. www.nps.gov/yell/learn/photos-multimedia/virtualtours. Free.

ETC.

The Ecological Role of Raptors and the Impacts of Rat Poison. Friday, May 15, 7-8 p.m. Virtual World, online. Join Redwood Region Audubon Society for a Zoom presentation with Jaime Carlino. Rodenticide use is pervasive worldwide and the costs to rodent-consuming wildlife species such as raptors as well as pets and children are high. Raptors Are The Solution (RATS) is a nonprofit organization working with a coalition of organizations and individuals to eliminate toxic rodenticides from the food web. Carlino will provide information about RATS and its regional chapters' work encouraging people to be proactive in managing rodent issues without the use of poisons. Please visit www.ras.org/home.aspx to obtain the link for this Zoom presentation. Free.

Weekly Check-in with Rep. Huffman. Wednesdays, noon. Virtual World, online. Rep. Jared Huffman (D-San Rafael) will hold Facebook Live check-ins to engage with his constituents on the latest updates regarding the novel coronavirus pandemic and to answer questions about the federal response. More information at www.huffman.house.gov/coronavirus. Free. www.facebook.com/rephuffman. ●

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KEET-TV and the League of Women Voters of Humboldt County are commemorating the passage of the 19th Amendment which gave women the right to vote.

Enter the CELEBRATE the VOTE Contest!

Create a video, comic strip, painting, drawing, game, song, poem, essay or short dialogue and enter to win cash and prizes and a chance to see your creation on KEET-TV!

LWV LEAGUE OF WOMEN VOTERS



Contest is open to students in grades 4th-12th

DEADLINE FOR ENTRY IS JUNE 1ST

submit your entry with your name and grade to: contest@keet-tv.org

Suggested Topics:

How did the passage of the 19th Amendment influence our lives?

What were dramatic moments and personalities in the struggle for the vote?

What are important issues to consider in the upcoming election?



Language: Nature or Nurture?

Part 2 of 2

By Barry Evans

fieldnotes@northcoastjournal.com



Noam Chomsky in 2016.

Augusto Starita, Wikimedia Commons

Last week I discussed linguist Noam Chomsky's theory of Universal Grammar, the idea that we're all born with some sort of "language module" that we adapt, at a very early age, to the language in which we're being raised. Here, I'm going to go into some detail to discuss a particular and tricky bit of English syntax, "multiple auxiliaries," because this construction is a mainstay of Chomsky's UG.

Consider the declarative sentence, "The dog in the corner is hungry" (using an example from Chomsky, elaborated by David Shariatmadari in his new book *Don't Believe a Word*). To turn that into a question, we move the auxiliary "is" to the front of the sentence, "Is the dog in the corner hungry?" So far, so good. Now add a second auxiliary: "The dog that is in the corner is hungry." Move the first auxiliary to the front and the question becomes the odd sounding, "Is the dog that in the corner is hungry?" Yet children rarely make a mistake like this. They figure out, early on, to say, "Is the dog that is in the corner hungry?" They correctly move, not the initial "is," but the one in the main clause, to the front, and dropping the secondary "is."

How come? According to Chomsky, "You can go over a fast amount of data of experience without ever finding such a case" — the case being "question" sentences like this with two auxiliaries. This is a core finding of his "poverty of stimulus" argument. Since kids never hear such a question, he says, they must have been born with the rule already embedded in their genes. Similarly, Steven Pinker, whose bestselling 1994 book *The Language Instinct* brought linguistics to a whole generation of curious minds, makes the same "poverty of stimulus" mistake. He writes, "... questions with a second auxiliary embedded inside the subject phrase [like the 'dog in the corner' example above] are so rare as to be non-existent in Motherese."

They're both wrong. Such sentences are two-a-penny. Researchers who recorded endless hours of Pinker's "Motherese" concluded that double auxiliary questions

are frequently used with children. Kids don't need a "language module" in their brains to learn this, they just have to listen. "Where's the other doll that goes in here?" and similar questions are commonplace in children's play environments.

So where does that leave Chomsky's Universal Grammar? Without his key arguments from "Merge" and "poverty of stimulus," there's not much left of his "nature" thesis. But let's not throw the baby out with the bathwater. The answer to my "nature or nurture" title is: yes. As with virtually every other aspect of human behavior, it's a false dichotomy. Of course "nurture" is involved — that's why we speak the language of our parents or caregivers. But "nature" has to play a role, too. Lacking any genetic learning module, we'd never pick up language in the way that everyone on Earth does, early and effortlessly. As Pinker (pretty much a Chomskyite) puts it, "There is no learning without some innate mechanism that makes learning happen."

In the case of language, the common machinery we're born with results in language universals as nouns and verbs, cases and auxiliaries and so on. The real question — what the "language wars" are all about — is whether we have a specific module devoted uniquely to language (Chomsky's claim) or whether (Daniel Everett's view, from last week) we have a general skill-learning module that humans, sometime in the last 80,000 years, co-opted for language.

In any case, language-learning can take its place in the treasure trove of universal — so presumably innate — human traits that includes: smiling as a friendly greeting, flirtation, taboo on mother-son incest, reciprocity and retaliation, property inheritance, having sex in private. What language, more than any other trait, demonstrates is the flexibility and potency of our capacity to learn. Not quite magic but pretty close.

Barry Evans (barryevans9@yahoo.com) would give a lot to know how ETs, if there are any, communicate.

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Free Will Astrology

Week of May 14, 2020

By Rob Breznsky

freewillastrology@freewillastrology.com

ARIES (March 21-April 19): During a pandemic, is it possible to spread the news about your talents and offerings? Yes! That's why I suggest you make sure that everyone who should know about you does indeed know about you. To mobilize your efforts and stimulate your imagination, I came up with colorful titles for you to use to describe yourself on your résumé or in promotional materials or during conversations with potential helpers. 1. Fire-Maker 2. Seed-Sower 3. Brisk Instigator 4. Hope Fiend 5. Gap Leaper 6. Fertility Aficionado 7. Glean Finder 8. Launch Catalyst 9. Chief Improviser 10. Change Artist

TAURUS (April 20-May 20): Of all the signs, Tauruses are among the least likely to be egomaniacs. Most of you aren't inclined to indulge in fits of braggadocio or outbreaks of narcissism. (I just heard one of my favorite virtuoso Taurus singers say she wasn't a very good singer!) That's why one of my secret agendas is to tell you how gorgeous you are, to nudge you to cultivate the confidence and pride you deserve to have. Are you ready to leap to a higher octave of self-love? I think so. In the coming weeks, please use Taurus artist Salvador Dali's boast as your motto: "There comes a moment in every person's life when they realize they adore me."

GEMINI (May 21-June 20): When I was young, I had a fun-filled fling with a smart Gemini woman who years later became a highly praised author and the authorized biographer of a Nobel Prize-winning writer. Do I regret our break-up? Am I sorry I never got to enjoy her remarkable success up close? No. As amazing as she was and is, we wouldn't have been right for each other long-term. I am content with the brief magic we created together, and have always kept her in my fond thoughts with gratitude and the wish for her to thrive. Now I invite you to do something comparable to what I just did, Gemini: Make peace with your past. Send blessings to the people who helped make you who you are. Celebrate what has actually happened in your life, and graduate forever from what might have happened but didn't.

CANCER (June 21-July 22): "You have two ways to live your life, from memory or from inspiration," writes teacher Joe Vitale. Many of you Cancerians favor memory over inspiration to provide their primary motivation. That's not necessarily a bad thing, although it can be a problem if you become so obsessed with memory that you distract yourself from creating new developments in your life story. But in accordance with astrological potentials and the exigencies of our Global Healing Crisis, I urge you, in the coming weeks, to mobilize yourself through a balance of memory and inspiration. I suspect you'll be getting rich opportunities to both rework the past and dream up a future full of interesting novelty. In fact, those two imperatives will serve each other well.

LEO (July 23-Aug. 22): Author Anne Lamott has some crucial advice for you to heed in the coming weeks. "Even when we're most sure that love can't conquer all," she says, "it seems to anyway. It goes down into the rat hole with us, in the guise of our friends, and there it swells and comforts. It gives us second winds, third winds, hundredth winds." I hope you'll wield this truth as your secret magic in the coming weeks, Leo. Regard love not just as a sweet emotion that makes you feel good, but as a superpower that can accomplish practical miracles.

VIRGO (Aug. 23-Sept. 22): Theologian St. Catherine of Siena observed, "To a brave person, good and bad luck are like her left and right hand. She uses both." The funny thing is, Virgo, that in the past you have sometimes been more adept and proactive in using your bad luck, and less skillful at capitalizing on your good luck. But from what I can tell, this curious problem has been diminishing for you in 2020—and will continue to do so. I expect that in the coming weeks, you will welcome and harness your good luck with brisk artistry.

LIBRA (Sept. 23-Oct. 22): "I'm curious about everything, except what people have to say about me," says actor Sarah Jessica Parker. I think that's an excellent strategy for you to adopt in the coming weeks. On the one hand, the whole world will be exceptionally interesting, and your ability to learn valuable lessons and acquire useful information will be at peak. On the other hand, one of the keys to getting the most out of the wealth of catalytic influences will be to cultivate nonchalance about people's opinions of you.

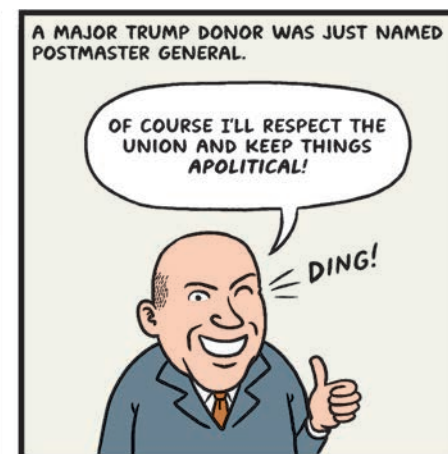
SCORPIO (Oct. 23-Nov. 21): On the kids' TV show Sesame Street, there's a muppet character named Count von Count. He's a friendly vampire who loves to count things. He is 6,523,730 years old and his favorite number is 34,969—the square root of 187. The Count was "born" on November 13, 1972, when he made his first appearance on the show, which means he's a Scorpio. I propose we make him your patron saint for the next four weeks. It's an excellent time to transform any threatening qualities you might seem to have into harmless and cordial forms of expression. It's also a favorable phase for you to count your blessings and make plans that will contribute to your longevity.

SAGITTARIUS (Nov. 22-Dec. 21): "No one ever found wisdom without also being a fool," writes novelist Erica Jong. "Until you're ready to look foolish, you'll never have the possibility of being great," says singer Cher. "He dares to be a fool, and that is the first step in the direction of wisdom," declared art critic James Hume. "Almost all new ideas have a certain aspect of foolishness when they are first produced," observed philosopher Alfred North Whitehead. According to my analysis of astrological omens, you're primed to prove these theories, Sagittarius. Congratulations!

CAPRICORN (Dec. 22-Jan. 19): "Few people have a treasure," writes Nobel Prize-winning author Alice Munro. She's speaking metaphorically, of course—not referring to a strongbox full of gold and jewels. But I'm happy to inform you that if you don't have a treasure, the coming months will be a favorable time to find or create it. So I'm putting you on a High Alert for Treasure. I urge you to be receptive to and hungry for it. And if you are one of those rare lucky ones who already has a treasure, I'm happy to say that you now have the power and motivation to appreciate it even more and learn how to make even better use of it. Whether you do or don't yet have the treasure, heed these further words from Alice Munro: "You must hang onto it. You must not let yourself be waylaid, and have it taken from you."

AQUARIUS (Jan. 20-Feb. 18): At this moment, there are 50 trillion cells in your body, and each of them is a sentient being in its own right. They act together as a community, consecrating you with their astonishing collaboration. It's like magic! Here's an amazing fact: Just as you communicate with dogs and cats and other animals, you can engage in dialogs with your cells. The coming weeks will be a ripe time to explore this phenomenon. Is there anything you'd like to say to the tiny creatures living in your stomach or lungs? Any information you'd love to receive from your heart or your sex organs? If you have trouble believing this is a real possibility, imagine and pretend. And have fun!

PISCES (Feb. 19-March 20): "A myriad of modest delights constitute happiness," wrote poet Charles Baudelaire. I think that definition will serve you well in the coming weeks, Pisces. According to my analysis of the astrological omens, there won't be spectacular breakthroughs barging into your life; I expect no sublime epiphanies or radiant transformations. On the other hand, there'll be a steady stream of small marvels if you're receptive to such a possibility. Here's key advice: Don't miss the small wonders because you're expecting and wishing for bigger splashes. ●



CROSSWORD

by David Levinson Wilk

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BRAIN

ANSWERS NEXT WEEK!

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ACROSS

1. Medulla's place

6. Webster and Wyle

11. Acad. or coll.

14. Singer John with the 1984 #1 hit "Missing You"

15. Bone: Prefix

16. The Astros, on scoreboards

17. Peter Mayle's "___ in Provence"

18. Doctors who see a lot of head cases?

20. Bigwig

21. TV host Meredith

23. Religious subgroup

24. Polish, as text

26. Little songbird

27. "I Got Rhythm" singer Merman

28. Beethoven's "Appassionata," e.g.

30. On land

31. Fled

35. Shares on Twitter, briefly

36. Forgetful people ... or this puzzle's theme

39. Sign before Virgo

40. Ones in disbelief?

41. Sports standout

43. Stifled

47. Uncles and nephews, e.g.

48. LL Cool J's "Going Back to ___"

51. Simplicity

52. Spanish for "those"

53. "Li'l Abner" cartoonist

55. "Yee-___!"

56. Batting around ideas

58. China's Zhou ___

60. Vowels at the end of a children's

song

61. Young lover of theater

62. New Balance competitor

63. ___ Spiegel

64. Personal assts. keep track of them

65. Psychologically manipulate

8. Take ___ for the worse

9. Queen on Olympus

10. Lose crunchiness, as breakfast cereal

11. Force (into)

12. Arena events

13. Scams

19. Bk. before Job

22. "Count me in!"

25. Reid of "Sharknado"

27. Property in a will

29. Volga region natives

30. Blimp

32. Dismissive interjection

33. Miner's haul

34. Triple Crown stat

36. Ethiopia's Haile ___

37. Copy machine part

38. ___ of Capri

39. Not too smart

42. Banco de México money

44. Mexico's national flower

45. Asimov and Newton

46. Fairly recent

48. The tropics, for one

49. Pimply

50. Nigeria's largest city

53. Wildly

54. Nitwit

57. B&O and others: Abbr.

59. Sydney's state: Abbr.

DOWN

1. What an EEG reads

2. Exchange vows at the altar

3. Men's wear accessory

4. Texter's "When are you coming?"

5. "Jeopardy!" creator Griffin

6. Super-easy decision

7. Davis of "Do the Right Thing"

LAST WEEK'S ANSWERS TO BIRTHDAY

D	O	G	G		P	E	R	M		B	A	D	P	R
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EASY #16

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FICTITIOUS BUSINESS NAME STATEMENT 20-00172

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Humboldt

863 H St.

Arcata, CA 95521

PO Box 334

Arcata, CA 95521

Infused Humboldt LLC

CA 201909510632

863 H St.

Arcata, CA 95521

The business is conducted by a

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The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Jenny Anderson, Manager

This April 8, 2020

KELLY E. SANDERS

by kt, Humboldt County Clerk

4/30, 5/7, 5/14, 5/21 (20-106)

FICTITIOUS BUSINESS NAME STATEMENT 20-00179

The following person is doing Business as

EEL RIVER STONE WORKS

Humboldt

656 South Scotia Road

Stafford, CA 95565

Anthony J Eusted

288 Dixie Street

Rio Dell, CA 95562

The business is conducted by an

Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Anthony J. Eusted, Owner

This April 17, 2020

KELLY E. SANDERS

by tn, Humboldt County Clerk

5/14, 5/21, 5/28, 6/4 (20-108)

FICTITIOUS BUSINESS NAME STATEMENT 20-00183

The following person is doing Business as

SINGING TREES GARDEN NURSERY

Humboldt

5225 Dow's Prairie Road

McKinleyville, CA 95519

PO Box 2684

McKinleyville, CA 95519

Don S. Wallace

5225 Dow's Prairie Road

McKinleyville, CA 95519

The business is conducted by an

Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Denis E. Cosby, Owner

This April 8, 2020

KELLY E. SANDERS

by kt, Humboldt County Clerk

4/23, 4/30, 5/7, 5/14

FICTITIOUS BUSINESS NAME STATEMENT 20-00196

The following person is doing Business as

CAFE PHOENIX

Humboldt

1360 G Street

Arcata, CA 95521

Conny Pena

490 Forest Avenue

Arcata, CA 95521

The business is conducted by an

Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable

I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Conny Pena, Owner

This April 23, 2020

KELLY E. SANDERS

by sc, Humboldt County Clerk

5/14, 5/21, 5/28, 6/4 (20-109)

LEGAL'S?

County Public Notices

Fictitious Business

Petition to Administer Estate

Trustee Sale

Other Public Notices

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**Clinical Laboratory Scientist**

Located in the heart of the magnificent coastal redwoods of Northern California, The Northern California Community Blood Bank is a nonprofit blood bank serving Humboldt and Del Norte Counties. The Northern California Community Blood Bank has an immediate opening for a Clinical Laboratory Scientist. Both part-time and full-time, fully benefitted positions are available.

The Northern California Community Blood Bank offers a low-stress environment, excellent work-life balance, and the opportunity to advance your professional development while working for an employer with a vibrant community relationship.

The Clinical Laboratory Scientist is responsible for activities related to processing, testing, storage, transportation, and other handling of blood and blood products. The Clinical Laboratory Scientist performs reference immunohematological testing and participates in training, validation, implementation of new procedures, and compliance with regulatory and standard-setting agencies.

Experience, Education and Licensure:

- Four-year degree from an accredited college or university in science, medical technology or a related field.
- Valid current CA license as a Clinical Laboratory Scientist.
- Experience preferred, but will train a motivated new CLS.

To apply, contact:

Kristina Kelone, Technical Director
Northern California Community Blood Bank
2524 Harrison Avenue, Eureka, CA 95501
707-443-8004

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*Redwood Community
Action Agency is hiring for
the following positions:*

Family Support Specialists FT-PT \$13.50/hr

Case Managers FT-PT \$15/hr

Youth Shelter Workers PT \$13.50/hr

Natural Resources Restoration Field Crew FT-PT \$14/hr

Energy Services Weatherization Field Crew FT \$16/hr

Energy Services Intake Specialists FT \$14/hr

Go to WWW.RCAA.ORG for a complete job
description & req'd application.



*The Hoopa Valley Tribe is
accepting applications to fill the
following vacant position:*

POLICE OFFICER

Hoopa Tribal Police Department,
Regular, F/T, Salary: \$25.63/hr.

Performs a wide variety of peace officer duties
involving the protection of life and property,
enforcement of laws and Tribal Ordinances, criminal
investigation, crime prevention and suppression, case
preparation and testimony, and providing information
and assistance to the public.

Minimum Requirements: Must possess a High
School Diploma or GED. Must possess a Basic Academy
Certificate from a California P.O.S.T. approved academy.
Must possess and maintain firearms qualifications.

Must have a Valid CA Driver's License and be insurable.
Must successfully pass a Title 30A Employment
Background and a California Police Officer Standards
and Training (P.O.S.T.) background check. This position
is classified as safety-sensitive.

DEADLINE: MAY 21, 2020

For job descriptions and employment applications,
contact the Human Resources/Insurance Department,
Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA
95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy
and TERO Ordinance Apply.

**SoHum Health is HIRING**

Interested applicants are
encouraged to visit and apply
online at www.SHCHD.org or
in person at 733 Cedar Street,
Garberville (707) 923-3921

CURRENT JOB OPENINGS**NURSE MANAGER -- EMERGENCY DEPT/ACUTE**

Full Time Position. Critical Access ER/Acute Department
Nursing Manager; 4-bed Emergency room & 9-bed
Acute care unit, seeking a Nurse Manager to provide
leadership, administrative responsibility and oversight of
the ER and Acute care departments. Current California
RN license required. BSN, PALS, & ACLS required.
Minimum 2 years ER experience required. Minimum 1
year Management Experience strongly preferred.

HUMAN RESOURCES ASSISTANT

Part Time position, 24 hours a week. Provide support to
the Human Resources Director. Job duties include, but not
limited to: Maintain confidential personnel files and personnel
actions, assist the HRD with HR projects, provide clerical
and operational support to the HR dept., assist with benefit
enrollment, maintain online Learning Management System,
and interact with and provide information to job applicants,
employees, department heads, and other agencies.
High school diploma or equivalent required. Two years of
experience working in human resources, office administration,
or closely related field strongly preferred. Must possess strong
office administration skills and be proficient in Microsoft
products. Must be proficient in reading and writing in English.

INFECTION PREVENTION/EMPLOYEE HEALTH

Full Time or Part Time Position. Position includes, but is
not limited to, infection monitoring and reporting, infection
risk assessment and prevention, policy and procedure
development, staff education, and outbreak management.
Employee Health role includes, but is not limited to, new
employee and annual health assessments, immunization
programs, exposure management, and safe patient
handling programs. Must be able to communicate clearly,
verbally and in writing to interface with employees, medical
staff, and state, local, and federal health departments and
programs. BSN preferred. Certification in Infection Control
(CIC) preferred, but willing to train the right candidate.

CLINICAL LAB SCIENTIST MANAGER

Full-Time position managing hospital laboratory;
NEW equipment! Chemistry, hematology, UA,
coagulation and blood bank experience required. MS
in Public Health or Medical Technology plus California
Clinical Laboratory Scientist license required.

ER/ACUTE CARE REGISTERED NURSE

Full-Time, 12-hour shift, 3 days/week. Current
California RN License, BLS, ACLS, & PALS
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The Hoopa Valley Tribe is accepting applications
 to fill the following vacant position:

FIRE CHIEF

Hoopa Fire Department,
 F/T, Regular Salary: DOE.

This position reports directly to the Tribal Chairman. Supervises and manages all components of a Fire Department that includes primarily Wildland Fire Management, and may encompass other duties and responsibilities through organizational development, such as consolidation of a structural component.

Responsible for the planning, and execution of a comprehensive fire organization that includes, and is not limited to, Administration, Training, Facilities, Fleet Maintenance, Preparedness, Response, Prevention, Fuels Management, Detection, and Investigation.

Minimum Qualifications: Must have a Bachelor's Degree in Biological Sciences, Agriculture, Natural Resource Management or Fire Administration, and Ten (10) years of experience in Fire Program Management in a leadership position of a complex Fire management program, OR Ten (10) years of Fire Management experience at the Chief Officer level and five (5) years of experience as a Chief Officer performing the duties as a primary Fire Program Manager. Minimum Interagency Qualifications rating for a Command or General Staff position at the Type 2 level and Incident Commander Type 3 or better, to National Wildland Coordinating Group Standards. Extensive certifications required, please see job description for a complete list required certificates. Must have a Valid CA Driver's License and be insurable.

DEADLINE: MAY 28, 2020

These positions are classified safety-sensitive.

For job descriptions and employment applications, contact the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.



MINDFULNESS TIP - AS YOU ARE SPENDING MORE TIME WITH YOUR FAMILY/HOUSEMATES, WHICH CAN CREATE MORE FRICTION THAN WE ARE USED TO, DISCHARGE THAT FRICTION WITH GENUINE COMMENTS OF APPRECIATION AT THE END OF THE DAY. Come join our team as a Part-Time or On-Call case manager, recovery coach, nurse, cook, or housekeeper. AM/PM/NOC shifts. Incredible opportunities to get psych training and experience, as well as get your foot into our 20-facility California wide organization. FT&PT (& benefits) available with experience.

Apply at: 2370 Buhne Street, Eureka
 707-442-5721

C.CRANE

Full time entry level position open for

Customer Service Specialist

This position is responsible for ensuring the highest level of customer service with the emphasis on product support in the use, selection and troubleshooting via the telephone, email, written correspondence and in person for all C. Crane products included but not limited to Radios and WiFi Systems.

Customer service experience a plus, Working knowledge of Microsoft Excel and Word, High School Diploma or equivalent.

Applications available at
www.ccrane.com/jobs.

Deadline is May 27th, 2020.



REPORTER WANTED



The *North Coast Journal* is looking for a general assignment digital news reporter to begin as soon as possible.

The ideal candidate will be able to multi-task while delivering clear, accurate copy in a dynamic (remote) environment. Familiarity with AP style a must. Pay depends on experience.

Send a cover letter, resume and three writing samples to
thad@northcoastjournal.com.



FISCAL/ADMINISTRATIVE COORDINATOR Fiscal/Administrative Coordinator position opening at the North Coast Rape Crisis Team serving the counties of Humboldt since 1972 and Del Norte since 1988. The position is housed in the Eureka office. If interested and for more information, please send an email to: mgmt@ncrct.org with the subject line: 'Fiscal/Admin position'.



The Hoopa Valley Tribe is
 accepting applications to fill the
 following vacant position:

SERGEANT

Hoopa Tribal Police Department
 Regular, F/T, Salary: \$32.50/hr.

Under general supervision of the Chief of Police or his authorized designee shall perform a wide variety of peace officer duties involving the protection of life and property; enforcement of applicable laws and ordinances of the Hoopa Valley Tribe, as authorized. Duties shall include planning, directing, supervising, assigning, reviewing, and participating in the work of the Police Department staff involved in traffic and field patrol; such as investigations, crime prevention, community relations, and related services and activities.

Minimum Qualifications: Must have High School Diploma or GED; three (3) years of related experience and/or training. Must possess a valid P.O.S.T Law Enforcement Academy or Indian Police Academy Certificate. Must possess a P.O.S.T Intermediate Certification or completion of a P.O.S.T Supervisory Course; and/or the Bureau of Indian Affairs Supervisory Enforcement Officer Course.

Must pass a full law enforcement background investigation in compliance with P.O.S.T. Standards and/or as required by the Federal Police Officer Standard; 25 C.F.R. 12 Indian Country Law Enforcement, 18 U.S.C. 922, Gun Control Act, Executive Order 12968, Adjudicative Guideline, Public Law 101-630; Indian Child Protection and Family Violence Prevention Act, 25 C.F.R. 63 – Implementation of Public Law 101-630, Crime Control Act – Subchapter V-Child Care Worker, Employee Background Checks; Public Law 101-647, which shall include a criminal history check, including fingerprints. Must possess valid CPR/ First Aid Certificates. Valid CA Driver's License and insurable. This position is classified safety-sensitive.

DEADLINE: JUNE 5, 2020

For job descriptions and employment applications, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 20 or email hr2@hoopainsurance.com. The Tribe's Alcohol & Drug Policy and TERO Ordinance Apply.

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57,959 miles
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DIGITAL FEATURES REPORTER WANTED



The **North Coast Journal** is looking for an arts and features digital reporter to begin as soon as possible.

The ideal candidate will be able to multi-task while delivering clear, accurate copy in a dynamic (remote) environment. Familiarity with AP style a must. Pay depends on experience.

Send a cover letter, resume and three writing samples to jennifer@northcoastjournal.com.

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Charlie Tripodi
Owner/
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707.476.0435



Kyla Nored
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707.834.7979



Katherine Fergus
Realtor
BRE #01956733
707.601.1331



Dacota Huzzen
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BRE #02109531
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-Charlie Tripodi, THE LAND MAN

HAWKINS BAR – B & B - \$989,000

±3.89 Acres in Hawkins Bar with 4 homes, 2 ADA bathrooms, RV hook-ups, Hwy 299 frontage, and so much more! Property is a must see!



SALYER – HOME ON ACREAGE - \$319,000

Beautiful one acre gardeners paradise in sunny Salyer with a 3/2 main house and a 1/1 cabin, just minutes from the Trinity River!



BIG LAGOON – LAND/PROPERTY - \$375,000

±55 Acres featuring great roads, Redwoods, and views of Stone & Big Lagoons. Permits in place for water/septic/solar awaiting your development!



DOUGLAS CITY – HOME ON ACREAGE - \$385,000

±124 Acres overlooking Reading Creek! Easy access, year round creek (with fish), and an unfinished 3/2 house!



SWAINS FLAT – HOME ON ACREAGE - \$139,000

River frontage property w/ a cozy 1/1 home complete dual pane windows, views, and a ¾ wrap around deck!



HONEYDEW – LAND/PROPERTY - \$199,000

±123 Acres in highly desirable Honeydew area! Features beautiful views, mixed timer, undeveloped open meadows, and a year-round creek on site.



JUNCTION CITY – LAND/PROPERTY - \$130,000

±23 Flat acres 10 mins from Weaverville, features a year round creek, Highway 299 frontage, and motivated Sellers!



CUTTEN – HOME ON ACREAGE - \$649,000

Beautiful 4/3 2,269sf custom home tucked away on a serene 1.38 acres of Redwood forest in Cutten. Enjoy the short walk to Sequoia Park, excellent schools, & shopping!



FIELDBROOK – HOME ON ACREAGE - \$389,000

±10.5 Acres in beautiful Fieldbrook with a 4/3 manufactured home, wood stove, detached garage, pond, fruit trees, and deck.



WILLOW CREEK – LAND/PROPERTY - \$129,000

Two riverfront parcels totaling over 2 acres w/ County road access, wooded building sites, and PG&E to the property line.



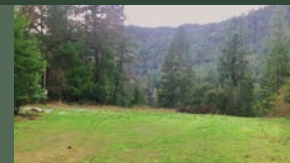
WILLOW CREEK – HOME ON ACREAGE - \$328,500

±.45 Acres with 3/2 home in sunny Willow Creek! Property features redwood decks, on-demand water, and detached garage with guest room!



HAWKINS BAR – LAND/PROPERTY - \$99,000

±1.45 Acres in Trinity Village featuring stunning views with flat building sites.



KING SALMON – LAND/PROPERTY - \$94,900

Three parcels totaling ±.4 acres on the canal in King Salmon. Water and power on the property.



MYERS FLAT – HOME ON ACREAGE - \$499,000

±27 Beautiful acres near Myers Flat! 3/2 home, insulated garage, shop, 30 gpm well, 3 decks, IB membrane roof, and built to maximize solar gain in the winter and coolness in the summer.



GARBERVILLE – HOME ON ACREAGE - \$629,000

Gorgeous 3/2, 3000 sqft home on just over an acre in Garberville! This fully fenced property features garden area, swimming pool, large shop, and so much more!



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